



Rochelle Park School District

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COVID-19 School Notification

Close Contact of Case in School

November 19, 2020

Dear Parents/Guardians of Students in Grade 6 on Team Maroon,

This letter is to inform you that your child has been identified as a ***possible close contact*** of a laboratory confirmed case of Coronavirus Disease 2019 (COVID-19) that occurred at Midland School on Monday, November 16, 2020. A close contact is someone who was within 6 feet of a confirmed case of COVID-19 for at least 10 minutes.

Due to this exposure, effective today through November 30, 2020 your child will need to be kept home and self-quarantine. Your child may continue to attend classes through the full on-line platform that is currently in effect and may return to on-site learning starting December 1, 2020.

Please monitor for the signs and symptoms of COVID-19 in your child during this 14 day period of self-quarantine. Symptoms can include but are not limited to fever, cough, shortness of breath, sore throat, headache, diarrhea, vomiting and abdominal pain. Not everyone will get all these symptoms. A representative of the health department may also be in touch with additional information. If you believe your child may have COVID-19, contact his or her primary care doctor for directions. Most people who are mildly or moderately ill with COVID-19 will be able to safely recover at home.

The District continues to coordinate closely with public health officials and to follow CDC, state, and local health department guidance in order to assure the health and safety of our community. Cleaning and disinfecting of all exposed areas continues. The school is also taking precautions to prevent the introduction and spread of viruses and other germs and is cleaning frequently touched surfaces daily. The status of this situation is fluid, and we are monitoring it closely.

As in prior communications, we encourage all members of our community to continue following the Centers for Disease Control & Prevention promoted safeguards, such as:

- Staying home when you are sick;
- Washing hands often with soap for at least 20 seconds;
- Covering coughs and sneezes and properly disposing of tissues;
- Limiting close contact with people who are sick and not sharing food, drinks and utensils;
- Practicing social distancing (staying at least 6 feet apart);
- Wearing a face covering while in school; and
- Continuing to monitor your health for symptoms.

- If you have had close contact (within 6 feet of an infected person for at least 10 minutes) with a person with confirmed COVID-19 please remain at home and seek medical guidance before coming to school.

Upon our December 1, 2020 return to Midland School, if your child should not feel well or there is uncertainty about his/her ability to report to school, or if he/she has been in close contact with a person with confirmed COVID-19, please stay home and contact either Mr. Alberta, Principal, Mrs. Meyers, School Nurse, or me for further guidance. Below are some resources that might be helpful.

Please know the health and safety of each member of our community is our priority. Your support and cooperation is most needed and appreciated. Please continue to partner with us by remaining vigilant and sensible in your approach to navigating through this time and responding to this pandemic. As this remains a fluid situation, and as updates may be warranted, communications will be shared with you. Please remain safe and healthy.

Sincerely,

Sue DeNobile

Dr. Sue DeNobile,
Superintendent

RESOURCES

a. NJDOH COVID-19 Information for Communities and the General Public:

https://www.nj.gov/health/cd/topics/covid2019_community.shtml

b. Get the Facts about Coronavirus: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

c. Symptoms of COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.html>

d. Testing: <https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html>;

<https://covid19.nj.gov/pages/testing>

e. How to Protect Yourself:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-gettingsick/prevention.html>

f. What to Do if You Are Sick:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/stepswhen-sick.html>